

Virtual Diabetes Groups



If you are living with diabetes, learn ways to better manage the disease and what treatment options are on the horizon.

Virtual
4-Day Class Series:
Wednesdays
10:30–11:30 a.m.

June 2, 9, 16, 23
August 11, 18, 25
September 1
October 6, 13, 20, 27
December 1, 8, 15, 22

Virtual
Support Group:
Second Mondays
5–6 p.m.

July 12
August 9
September 13
October 11
November 8
December 13

Please call the Center for Diabetes Management at 845.483.5188 to register for virtual classes and support group.

Center for Diabetes Management
MidHudson Regional Hospital
The Atrium, 1 Webster Ave, Suite 400
Poughkeepsie, NY 12601



Center For
Diabetes Management
**MidHudson
Regional Hospital**

Westchester Medical Center Health Network